

July 9, 2023
10:00 AM

Prelude *The Sound of Silence* Sue Stewart &
By Simon & Emmeline Jones,
Garfunkel voice & ukulele

**Land Acknowledgement,
Welcome, & Announcements** Neil Saunders,
Worship Committee Chair

Opening Words From “Breaths” Ingrid Holcomb
adapted from a poem by
Birago Diop, Senegalese
poet & storyteller

**Chalice
Lighting** Black Elk, Ingrid Holcomb
wičháša wakháŋ
(medicine/holy man) and
heyoka (sacred clown, satirist)
of the Oglala Lakota (Sioux)

*** Covenant and Affirmation**

Love is the spirit of this church,
and service its law. From all that dwell below the skies
This is our great covenant: let words of love and peace arise.
To dwell together in peace, Let joyful songs of praise be sung,
to seek the truth in love, through every land, by every
and to help one another. tongue.

*** Singalong for All
Ages** *Hello Goodbye* Sue Stewart &
Lennon-McCartney Emmeline Jones,
voice & ukulele

Joys and Sorrows Ingrid Holcomb, Lay Minister

Hymn “Hear My Heart” Please listen or
Andy Mineo sing along

The author wrote this song for his sister, to apologize for not learning sign language while they were growing up.

Readings From *Are You There God?*
It’s Me, Margaret.
by Judy Blume

From *Eat, Pray, Love*
by Elizabeth Gilbert

Sharing Our Gifts

In July and August we share our weekly offering with two organizations, **Horizons at LMS** and **Libros Para Todos**. You may donate with a check made out to “First Parish Church,” online at <https://fpc-stow-acton.org/donate>, or text to (978) 310-3309.

Anthem *How Can I Keep* Jon Gailmor with
from Singing? Patti Casey

Sermon “Listening” Ingrid Holcomb

Benediction Street Symphony Unison reading with
congregation

“Listen to your breath,
listen to your inner voice,
listen to each other.
Listening is an act of love.”

*** Closing Song**

Peace be with you ‘til we meet again!
As life lays its task before you,
keep love’s banner floating o’er you.
Peace be with you ‘till we meet again.

Postlude *Listen*
Street Symphony

Street Symphony is a Los Angeles-based nonprofit organization that utilizes music to create opportunities of human connection to homeless and incarcerated communities.

** Please rise in body or in spirit.*



Thank you to:
 Sue Stewart & Emmeline Jones, Musicians
 Jenni Edgerton, Zoom Host
 Joe Stadolnik, Tech Helper
 Jeff Brown & June McKnight, Ushers
 and our staff and leadership



Land Acknowledgement

We would like to acknowledge that this service is being held by a community that gathers on the stolen traditional lands of the Massachusetts, Nipmuc, Pawtucket, and Wampanoag People. We pay respect to those Indigenous Peoples who lost their lives in the colonization of this land and recognize that these Indigenous tribes are still today facing violations of sovereignty, territory, and water. We also give thanks for the Earth we walk upon, the waters, the lifegiving plants, and all the Earth’s creatures, as well as the winds, sun, moon, and stars. We recognize this is just a first step in moving toward right relationship with Native peoples and healing of the Earth.

How to Connect with First Parish Church:

- Sign our visitor log at tinyurl.com/visitfpc. We’ll send you information if you request it.
- Come to Sunday service and coffee hour 10 & 11 am, in person or online.
- Subscribe to our publications
The Chronicle - monthly e-newsletter
This Week at FPC - weekly e-newsletter
FPCAnnounce & FPCForum - e-mail groups
 at <https://www.fpc-stow-acton.org/subscribe-newsletters>



**FIRST PARISH CHURCH
 OF STOW & ACTON**

Unitarian Universalist



Sunday, July 9, 2023

- The Rev. Dr. Cynthia L. Landrum**, Minister
- Meg Rivers-Wright**, Administration and Membership
- Mike Silkonis**, Sexton
- Janet Beatrice**, External Publicity
- Jenni Edgerton**, President
- Brendon Chetwynd**, Vice President
- Bill Froberg**, Treasurer
- Johanna Pyle**, Clerk

*First Parish is a Unitarian Universalist Association Welcoming Congregation.
 We warmly welcome gay, lesbian, bisexual, and transgender
 people into our community.*

To help everyone be a part of worship in the fullest way possible, the ushers can provide large print orders of service and hymnals or, for people who need to step out during the service for any reason, an assisted listening device which works throughout the building.

Masking Policy: As of July 1, 2023, FPC has moved to a **mask-optional policy** throughout the church. We have designated several rows in the back of the Sanctuary as mask-required, while the rest of the Sanctuary and the church will be mask-optional. The mask-required section was chosen for its distance from unmasked speakers and the choir, as well as its availability of accessible seating.

On the web at [fpc-stow-acton.org](https://www.fpc-stow-acton.org) and on Facebook.

ONLINE SUPPLEMENT PAGE

This page contains information specifically for folks joining us online.

1. Closed captioning is available for FPC's online services. If you don't see captions on your screen, you can use the button at the bottom of your screen to request that the host turn them on.
2. Today's Zoom Host is **Jenni Edgerton**.
3. Hymn lyrics are below.



Hello Goodbye (Lennon & McCartney)

You say "Yes", I say "No".

You say "Stop" and I say "Go, go, go".

Oh no.

You say "Goodbye" and I say "Hello, hello, hello".

I don't know why you say "Goodbye", I say "Hello, hello, hello".

I don't know why you say goodbye, I say hello.

I say "High", you say "Low".

You say "Why?" And I say, "I don't know".

Oh no.

You say "Goodbye" and I say "Hello, hello, hello".

I don't know why you say "Goodbye", I say "Hello, hello, hello".

(Hello, goodbye, hello, goodbye. Hello, goodbye.)

I don't know why you say "Goodbye", I say "Hello".

(Hello, goodbye, hello, goodbye. Hello, goodbye. Hello, goodbye.)

Why, why, why, why, why, why, do you

Say "Goodbye, goodbye, bye, bye".

Oh no.

You say "Goodbye" and I say "Hello, hello, hello".

I don't know why you say "Goodbye", I say "Hello, hello, hello".

I don't know why you say "Goodbye", I say "Hello".

You say "Yes", I say "No".

(I say "Yes", but I may mean "No").

You say "Stop", I say "Go, go, go".

(I can stay still it's time to go).

Oh, oh no.

You say "Goodbye" and I say "Hello, hello, hello".

I don't know why you say "Goodbye", I say "Hello, hello, hello".

I don't know why you say "Goodbye", I say "Hello, hello, hello".

I don't know why you say "Goodbye", I say "Hello-wow, oh. Hello".

Sharing Our Gifts

If you're mailing a pledge or a donation, here is the information:

Pledges:

Attn: Pledge Secretary

PO Box 215

Stow, MA 01775

Donations:

Attn: Treasurer

353 Great Rd

Stow, MA 01775

Announcements start on next page

Plate Sharing This Summer

JULY/AUGUST: Horizons at LMS and Libros Para Todos



Horizons at LMS is part of a national program for under-

served youth. It is a summer program, but they stay in touch with the children throughout the year and invite them to return every year. It creates community, exposes children to nature, provides food and swimming lessons, and fills gaps in their education.

Libros Para Todos offers teacher training workshops to teachers in and around San Miguel to nurture students' literacy, provides literature to students, and arranges for school visits by the authors of books featured.



Every Week at FPC

All are welcome to these weekly FPC events

Tue	Wed	Thu	Fri
Coffee & Chat 10-11 am Town Gazebo at Town Park, adjacent to FPC. Bring your own coffee!	Meditation 7:30-8:30 pm Fellowship Hall and Online. Contact: meditation@fpc-stow-acton.org	Peace Vigil 5-6 pm in front of FPC, btwn Common & Great Roads. Contact: Neil Saunders neilsaund@verizon.net	Bridge Group 1-3:30 pm Community Rm. Contact: Hector Hconstantzos@gmail.com

Upcoming 10 am Sunday Services

All services are in the Sanctuary and Online, unless otherwise noted.
 Visit <https://www.fpc-stow-acton.org/services> for service descriptions

7/16	“What Are We Doing Here & How Can We Be Better? Examples of How Art & Philosophy Can Help” Shana Dumont Garr
7/23	“Annual Summer Jazz Service” Parish Jazz Band
7/30	“Blessing of the Animals” Susan Avery, <u>FPC front lawn</u>
8/6	“20 th Annual Joint Summer Service” Rev. Dr. Cynthia L. Landrum
8/13	“Circle Worship” Lindsay LaPointe, <u>Fellowship Hall</u>
8/20	“Superheroes” Rev. Dr. Cynthia L. Landrum
8/27	“Spiritual Conversations Through Poetry” <u>Community Room</u>
9/3	“Meditation” Joe Stadolnik, <u>Fellowship Hall</u>

Join Worship by Video: <https://tinyurl.com/2223fpc>

Meeting ID: 999 7077 0266; Passcode: 01775

Join Worship by Phone: (929) 205-6099 (toll call)



FPC Summer Announcements

Parish Jazz Band Performance Sat. 7/29, 6-9 pm, Hudson Town Hall 78 Main St. in Hudson. The band is also presenting a summer service in two weeks on Sunday, July 23 at 10 am!

FPC Guest Table Fri 7/14, doors open 5 pm, dinner starts 5:30 pm. Summer is here! And we're serving quiche! Come join us for a tasty dinner with friends and family. You can leave the sunscreen at home.

Assabet Craft Beer and Food Truck Festival Sat. 9/2, 12-4 pm in front of the church

Rev. Cindy's Summer Schedule and Lay Minister Coverage:

Starting	Where is Cindy?	Lay Minister
7/10	Vacation & SUUSI NC	Ingrid
7/17	Study Leave - NC	Ann
7/24	Study Leave - home	Ann
7/31	At FPC; leading joint summer service 8/6	Susie
8/7	Study Leave - staff	Ingrid
8/14	At FPC; preaching 8/20	Ann
8/21	Study Leave - staff	Hector
8/28	Vacation – college?	Susie

Hello Goodbye (Lennon & McCartney)

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You say "Why?" And I say, "I don't know".
Oh no.
You say "Goodbye" and I say "Hello, hello, hello".
I don't know why you say "Goodbye", I say "Hello, hello, hello".
(Hello, goodbye, hello, goodbye. Hello, goodbye.)
I don't know why you say "Goodbye", I say "Hello".

(Hello, goodbye, hello, goodbye. Hello, goodbye. Hello, goodbye.)
Why, why, why, why, why, why, do you
Say "Goodbye, goodbye, bye, bye".
Oh no.
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I don't know why you say "Goodbye", I say "Hello-wow, oh. Hello".