

## ≧ This Week at UUCAV ≦

| SUN                                                                                                                                                             | MON                                                                                                                                                                              | TUE                                                                                                                                                                                  | WED                                                                                                                                                                                                                                        | THU                                                                                                                                                                                                                                                        | FRI                                                                                                                                                                                                                        | SAT                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| 13                                                                                                                                                              | 14                                                                                                                                                                               | 15                                                                                                                                                                                   | 16                                                                                                                                                                                                                                         | 17                                                                                                                                                                                                                                                         | 18                                                                                                                                                                                                                         | 12                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <p>•<u>10am</u><br/>SERVICE,<br/>Sanctuary/<br/>online</p> <p>•<u>11:15am-12:45pm</u><br/>ELDER/<br/>MEMORY<br/>CARE PEER<br/>SUPPORT<br/>GROUP,<br/>Parlor</p> | <p>•<u>7-8:30pm</u><br/>BUDDHIST<br/>BOOK &amp;<br/>MEDITA-<br/>TION<br/>GROUP<br/>(SGCC*),<br/>online</p> <p>•<u>7:30-9:30pm</u><br/>JAZZ BAND<br/>REHEARSAL,<br/>Sanctuary</p> | <p>•<u>10am</u><br/>COFFEE &amp;<br/>CHAT,<br/>Gazebo*</p> <p><i>*In inclement<br/>weather, we<br/>meet at The<br/>Boston Bean<br/>House in<br/>Maynard, 102<br/>Main Street</i></p> | <p>•<u>5pm</u><br/>OCTOBER<br/>CHRONICLE<br/>SUBMISSIONS<br/>DUE,<br/>office@<br/>uucav.org</p> <p>•<u>6:40pm</u><br/>READING &amp;<br/>MEDITATION<br/>Hall/online</p> <p>•<u>7-9pm</u><br/>UKULELE<br/>MEET-UP<br/>Community<br/>Room</p> | <p>•<u>4:30-5:30pm</u><br/>PEACE<br/>VIGIL,<br/>outside</p> <p>•<u>7-9pm</u><br/>OPEN<br/>CREATIVITY<br/>STUDIO<br/>(SGCC)<br/>Vestry</p> <p>•<u>7:15-9:15pm</u><br/>CHOIR<br/>REHEARSAL,<br/>Hall<br/>Join the choir!<br/><u>music@<br/>uucav.org</u></p> | <p>•<u>1-3pm</u><br/>BRIDGE<br/>GROUP,<br/>Community<br/>Rm.</p> <p>•<u>6:30-8:30pm</u><br/>FRIDAY<br/>FRIENDS -<br/>Hall, Vestry, &amp;<br/>Youth Room</p> <p>•<u>7-9pm</u><br/>GAME<br/>NIGHT,<br/>Community<br/>Rm.</p> | <p>•<u>9:30-10:30am</u><br/>BUDDHIST<br/>BOOK &amp;<br/>MEDITA-<br/>TION<br/>GROUP<br/>(SGCC),<br/>online</p> <p>•<u>8:30am-1 pm</u><br/>YARD SALE,<br/>Parking Lot</p> <p>•<u>9am-12pm</u><br/>APPLE PIE<br/>SALE, Pie<br/>Shed</p> <p>•<u>11:30 am-1:30 pm</u><br/>SHAMANIC<br/>JOURNEY &amp;<br/>DRUMMING<br/>GROUP<br/>(SGCC),<br/>Community<br/>Room</p> <p>•<u>6:30-7:30pm</u><br/>ROSH<br/>HASHANAH<br/>&amp; YOM<br/>KIPPUR<br/>SERVICE,<br/>Sanctuary</p> |

\* **The Spiritual Growth and Community Center (SGCC)** was founded at the Unitarian Church of Marlboro and Hudson in 2008 and has been living its mission for over seventeen years; it is the “outreach program arm” of UUCAV, providing the Assabet Valley region with participatory spiritual practices to awaken curiosity, joy, and personal growth. The SGCC moved to its new home in Stow following UCMH’s merger with FPC in 2026. Find program descriptions at <https://uucav.org/sgcc>.



**Sat 9/19, 6:30-7:30 pm ROSH HASHANAH & YOM KIPPUR SERVICE** - Sanctuary - Yaakov Trek Reef, Intern Minister - Join us in marking the Jewish High Holidays of Rosh Hashanah and Yom Kippur with a special evening worship service. Through story, song, reflection, ritual, and the sound of the shofar, we'll explore themes of renewal, repentance, forgiveness, and returning to ourselves and one another. All are welcome for this interactive and participatory service. You do not need to be Jewish or know anything about the High Holidays to join us.

**Next Sunday's Service: 9/20/26, 10 am**, Sanctuary and online  
"The Weaving Place" - An Intergenerational Service; No Religious Education classes  
Yaakov Trek Reef, Intern Minister; Rev. Dr. Cynthia L. Landrum, Minister; and Rayla D. Baldwin-Mattson, Director of Religious Education - "The Weaving Place" is a participatory, intergenerational service written by J. L. Shattuck. We'll explore the theme of interdependence through the act of weaving. By the end of the hour, we will have created unique woven artifacts that reflect the UUCAV community in this moment: imperfect, unfinished, and held together through participation, care, and presence. You are invited to bring a piece of ribbon, fabric, or paper to add to our loom. Religious Education Teacher Training will follow the service.

### **Music at UUCAV**

**Interested in giving the choir a try? All are welcome at our first Open Choir Sunday on October 4.** We'll learn all the music at the **9 am rehearsal** before the service.

**Anthem This Week:** Dolly Parton wrote the Oscar-nominated "Travelin' Thru" for the 2005 film *Transamerica* as a song about acceptance, identity, and the journey of becoming who we truly are. With its imagery of roads, pilgrims, and a floating boat, the song reminds us that although each path is our own, by holding on to one another, we need not travel alone.

**Anthem Next Week:** The choir will sing a spiritual quodlibet Chris learned from Melanie DeMore at this summer's Association of UU Music Ministries conference. A quodlibet layers multiple songs together; this version includes four spirituals.

**Upcoming Events:** The **Singer's Tune-Up Workshop** will be held on **Saturday, September 26, 11 am-1 pm**, with Jessica Tunick Berens. Singers of all experience levels are welcome. Register at [uucav.org/music](http://uucav.org/music). Chris Hossfeld, tenor, and Trevor Berens, piano, will present **Songs of Schumann and Britten** on **Sunday, October 4, at 4 pm**.

