

To our visitors...Thank you for coming! ♥

We hope you found what you're looking for and that you'll return.
Here's how to keep connecting with our people and programs:

- Fill out a Visitor Card in your pew or online (QR code)
- Watch these pages for newcomer events:
 - **Newcomer Coffees** - Meet the minister and other newcomers
 - **UU Journey classes** - Learn about UU history, spirituality, mission, and traditions
- Check out our website, www.uucav.org
There is so much happening at UUCAV! Our homepage and "Church Life" tab detail our events and programs.
- Subscribe to our e-newsletters & email groups (QR code)



Visitor Card



Subscribe to
Newsletters

Summer Plate Sharing

International Institute of New England - UUCAV partners with 7 area churches to act as the primary contact in helping refugees resettle and get a start in the USA. *Roy Miller*

Native Plant Trust - Conserves and promotes New England's native plants to ensure healthy, biologically diverse landscapes. *Sharon Brownfield*

Red State Access Project - Provides free, safe abortion medication to those who need it in states that restrict or fully criminalize abortion. *Ben Atherton-Zeman*

Worcester RISE for Health - Builds and provides effective, culturally sensitive, trauma-informed, and community-grounded healthcare interventions that eliminate barriers and help refugees and immigrants achieve health equity and self-sufficiency. *Kamlyn Haynes*

Upcoming Summer Services

8/16 "Spiritual Conversations through Poetry" - Hector Constantzos - Fellowship Hall

8/23 "The Art of Dying" - Dave Sansone - Sanctuary

8/30 "The Power of Music" Margot Law and Caitlyn & Ian McIntyre - Sanctuary

9/6 "Weetamoo's Dream" - Andy Derr - Sanctuary

UNITARIAN UNIVERSALIST CONGEGATION *in the Assabet Valley*



August 9, 2026
Meeting the Moment

Our Ministers:

**The Rev. Dr.
Cynthia L. Landrum**
Minister

Yaakov Trek Reef
Intern Minister

Our Board Officers:

Brendon Chetwynd
President

Trisha Guditz
Vice President

Lee Coopridr
Treasurer

Elizabeth Michaud
Clerk

Our Program Staff:

**Rayla D.
Baldwin-Mattson**
Director of Religious
Education

Chris Hossfeld
Music Director

Cynthia Menard
Spiritual Growth &
Community Center
Director

Our Administrative Staff:

Meg Rivers-Wright
Parish Administrator

Christine Towle
Publicity Coordinator

Our Program Support Staff:

Trevor Berens
Accompanist

Justin Marble
Nursery Care Coordinator

Our Administrative Support Staff:

Mike Silkonis
Sexton

Bradshaw Mattson
Tech Assistant

UUCAV is a UUA Welcoming Congregation. We warmly welcome gay, lesbian, bisexual, and transgender people into our community.

Large print orders of service and hymnals are available from an usher.
Assisted Listening Devices are available when worship is in the Sanctuary.

UUCAV has a masks-optional policy throughout the church. Several back rows in the sanctuary & those with accessible seating are "mask-required."

UUCAV is on the web at uucav.org and on Facebook, Instagram & YouTube.

August 9, 2026: 10:00 a.m.

Gathering

Prelude	<i>“This Land is Your Land”</i> by Woody Guthrie	Michael Paladini, guitar and vocals
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**Welcome, Announcements, &
Land Acknowledgement**

Opening Words Rev. Tom Rosiello

Chalice Lighting

* Hymn #118 “This Little Light of Mine” Michael Paladini
Singing the Living Tradition

Centering

* Covenant and Affirmation

<i>(Spoken in unison)</i>	<i>(Sung in unison)</i>
Love is the spirit of this church, and service its law.	From all that dwell below the skies Let words of love and peace arise
This is our great covenant:	Let joyful songs of praise be sung,
To dwell together in peace,	through every land, by every tongue.
to seek the truth in love, and to help one another.	

Message for All Ages “The Starfish Story” Rev. Tom
adapted from *The Star Thrower*
by Loren Eiseley

Joys and Sorrows Ann Wickham, Lay Minister

Joys and Sorrows is a time for the things on our hearts and minds to be heard by the gathered community. If you would like a follow-up call by a lay minister or the minister, email caring@uucav.org.

Prayer or Meditation

In Words Rev. Tom

In Silence

In Song #108 *“How Can I Keep from Singing”* Michael Paladini
American Hymn

* Please rise in body or in spirit

Exploring

Reading	The Gospel of Luke Chapter 11	Rev. Tom
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Sermon "Meeting the Moment" Rev. Tom

* Hymn #169 “We Shall Overcome” Rev. Tom; Michael Paladini

Sharing Our Gifts

Nancy Maldari



**Make a Donation
to UUCAV**

In July and August we share our offering with four organizations - **International Institute of NE, Native Plant Trust, Red State Access Project, and Worcester RISE for Health.** You may donate by cash, check, online at uucav.org/donate, or text (978) 310-3309.

Offertory “Will There Really Be a Morning?” Michael Paladini
by Emily Dickinson; music, C. H. Johnson

Returning

* **Benediction** Rev. Tom

*** Sung Benediction**

Peace be with you 'til we meet again!
As life lays its task before you,
keep love's banner floating o'er you.
Peace be with you 'til we meet again.

* * *

Thank you to:
Johanna Pyle, Zoom Host
Hector Constantzos, Tech helper
Our ushers, Ruth Lull, Barb Kostick
Our staff and leadership