

**UNITARIAN  
UNIVERSALIST  
CONGEGATION**  
*in the Assabet Valley*



**August 2, 2026**  
*Better Together*

*Our Ministers:*

**The Rev. Dr.  
Cynthia L. Landrum**  
Minister

**Yaakov Trek Reef**  
Intern Minister

*Our Board Officers:*

**Brendon Chetwynd**  
President

**Trisha Guditz**  
Vice President

**Lee Coopridr**  
Treasurer

**Elizabeth Michaud**  
Clerk

*Our Program Staff:*

**Rayla D.  
Baldwin-Mattson**  
Director of Religious  
Education

**Chris Hossfeld**  
Music Director

**Cynthia Menard**  
Spiritual Growth &  
Community Center  
Director

*Our Administrative Staff:*

**Meg Rivers-Wright**  
Parish Administrator

**Christine Towle**  
Publicity Coordinator

*Our Program  
Support Staff:*

**Trevor Berens**  
Accompanist

**Justin Marble**  
Nursery Care Coordinator

*Our Administrative  
Support Staff:*

**Mike Silkonis**  
Sexton

**Bradshaw Mattson**  
Tech Assistant

**UUCAV is a UUA Welcoming Congregation. We warmly welcome gay, lesbian, bisexual, and transgender people into our community.**

Large print orders of service and hymnals are available from an usher.  
Assisted Listening Devices are available when worship is in the Sanctuary.

UUCAV has a masks-optional policy throughout the church. Several back rows in the sanctuary & those with accessible seating are “mask-required.”

UUCAV is on the web at [uucav.org](http://uucav.org) and on Facebook, Instagram & YouTube.

**August 2, 2026: 10:00 a.m.**

# Music for Gathering

“You’ve Got a Friend”  
Carole King

Trevor Berens,  
*Accompanist*

# Welcome & Announcements

Ann Wickham,  
*Worship Committee*

## Land Acknowledgement

## Chalice Lighting

## "#362 Rise Up, O Flame" *Singing the Living Tradition*

## \* Sharing Our Values

from Article II, *adapted*

Rev. Megan Lynes,  
*Minister, HUUC*

Reader: As Unitarian Universalists, we covenant, congregation-to-congregation and through our Association, to support and assist one another in our ministries. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love.

People: *Love is the power that holds us together and is at the center of our shared values.*

Reader: Inseparable from one another, these shared values are:

People: *Generosity, Pluralism, Justice, Transformation, Equity, and Interdependence.*

*All: We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.*

### \* Song of Affirmation

*(Sung in unison)*

From all that dwell below the skies  
Let words of love and peace arise  
Let joyful songs of praise be sung,  
through every land, by every tongue.

## Gathered Greetings

\* Please rise in body or in spirit

**Story for Our Times I**  
*Gratitude*

**"In Praise Of..."**  
by Susan Solinsky

Yaakov Trek Reef,  
*Intern Minister, UUCAV*

**\* Hymn #163**

**"For The Earth..."**

*Singing the Living Tradition*

**Story for Our Times II**  
*Separation*

**"Holy Communion"**  
by Kert Lenseigne

Yaakov Trek Reef,  
*Intern Minister, UUCAV*

## **Joys and Sorrows**

Ann Wickham, Lay Minister

Joys and Sorrows is a time for the things on our hearts and minds to be heard by the gathered community. If you would like a follow-up call by a lay minister or the minister, email [caring@uucav.org](mailto:caring@uucav.org).

## **Prayer or Meditation**

**In Words**

**"On the Loom"**  
by Joy Berry

Ann Wickham,  
*Lay Minister, UUCAV*

**In Silence**

**In Song #95**

**"There Is More Love"**

*Singing the Living Tradition*

**Invitation to Generosity** **"What Gifts Shall We Bring?"**  
by Fred Hammond

Yaakov Trek Reef,  
*Intern Minister, UUCAV*

## **Sharing Our Gifts**



Make a Donation  
Online

In July and August we share our offering with four organizations - **International Institute of NE, Native Plant Trust, Red State Access Project, and Worcester RISE for Health**. You may donate by cash, check, online at [uucav.org/donate](http://uucav.org/donate), or text (978) 310-3309.

**Offertory**

**Improvisation**

Trevor Berens,  
*Accompanist, UUCAV*

Yaakov Trek Reef,  
*Intern Minister, UUCAV*

**Story for Our Times IV**      “Connections”      Rev. Dr. Cynthia L. Landrum,  
*Action*      by Marge Piercy      *Minister, UUCAV*

**\* Benediction**                      Blessing One Another                      Yaakov Trek Reef,  
*Intern Minister, UUCAV*

**Postlude**                      “Lean On Me”                      Trevor Berens,  
by Bill Withers                      *Accompanist, UUCAV*

\* \* \*

*Thank you to:*  
Brendon Chetwynd, Zoom Host  
Brendon Chetwynd, Tech Helper  
Our ushers, Sharon Brownfield, Rick Lent  
Our staff and leadership

\* Please rise in body or in spirit