

UNITARIAN
UNIVERSALIST
CONGREGATION
in the Assabet Valley



November 1, 2026
Samhain & All Souls

Our Ministers:

The Rev. Dr.
Cynthia L. Landrum
Minister

Yaakov Trek Reef
Intern Minister

Our Board Officers:

Brendon Chetwynd
President

Trisha Guditz
Vice President

Lee Coopridner
Treasurer

Elizabeth Michaud
Clerk

Our Program Staff:

Rayla D. Baldwin-Mattson
Director of Religious
Education

Chris Hossfeld
Music Director

Cynthia Menard
Spiritual Growth &
Community Center
Director

Our Administrative Staff:

Meg Rivers-Wright
Parish Administrator

Christine Towle
Publicity Coordinator

*Our Program
Support Staff:*

Trevor Berens
Accompanist

Justin Marble
Nursery Care
Coordinator

*Our Administrative
Support Staff:*

Mike Silkonis
Sexton

Tech Assistant
Tanner Metevier

UUCAV is a UUA Welcoming Congregation. We warmly welcome gay, lesbian, bisexual, and transgender people into our community.

Small portable radios are available to use throughout our building and grounds to listen to the service on **107.7 FM**, and are also our Assisted Listening Devices. Large print orders of service and hymnals are available from an usher.

UUCAV has a masks-optional policy throughout the church. Several back rows in the sanctuary & those with accessible seating are “mask-required.”

UUCAV is on the web at uucav.org and on Facebook, Instagram & YouTube.

November 1, 2026: 10:00 a.m.

Gathering

Prelude	“Musica Callada, I. Angelico” Federico Mompou	Trevor Berens Accompanist
Introit	“Julian of Norwich” Sidney Carter, arr. Ed Stauff	UUCAV Choir Chris Hossfeld, Music Director

Loud are the bells of Norwich
and the people come and go.
Here by the tower of Julian,
I tell them what I know.

*Ring out, bells of Norwich,
and let the winter come and go
All shall be well again, I know.*

Love, like the yellow daffodil,
is coming through the snow.
Love, like the yellow daffodil,
is Lord of all I know.

Ring out, bells of Norwich...

Ring for the yellow daffodil,
the flower in the snow.
Ring for the yellow daffodil,
and tell them what I know.

Loud are the bells of Norwich
and the people come and go.
Here by the tower of Julian,
I tell them what I know.

Ring out, bells of Norwich...

All shall be well, I'm telling you,
let the winter come and go
All shall be well again, I know.

Welcome & Land Acknowledgement

Opening Words & Chalice Lighting	Cynthia Menard, SGCC Director
“United by Story and Bound by Love” Andrea Hawkins-Kamper	

*** Hymn #1067** “Mother Earth, Beloved Garden” *Singing the Journey*

We invite you to turn and face the directions
as we cast the circle with this hymn.

** Please rise in body or in spirit*

Verse 1, earth: face North – towards the pulpit.
Verse 2, air: turn East – towards Fellowship Hall.

Verse 3, fire: turn South – towards the foyer.

Verse 4, water: turn West – towards the Stow library.

Verse 5, center: turn towards the center of the sanctuary, facing each other.

Centering

*** Covenant and Affirmation**

(Spoken in unison)

With open minds and loving hearts,
we gather to search for meaning,
to care for one another,

and to work together for a better world.

– First Parish in Wayland

(Sung in unison)

From all that dwell below the skies

Let words of love and peace arise

Let joyful songs of praise be sung,

through every land, by every tongue.

Greet Your Neighbor

Children, Parents & Teachers are invited forward for the *Time for All Ages*.

A Time for All Ages

Rayla D. Baldwin-Mattson

Director of Religious Education

Going Forth With the Light “Our Love Surrounds You”

Sing Out Love

Chris Hossfeld

Milestones Joys and Sorrows

Mark Koenig, Lay Minister

Our Milestones Joys and Sorrows is a time for the milestone events on our hearts and minds to be heard by the gathered community. If you would like a follow-up call by a lay minister or the minister, email caring@uucav.org.

Prayer or Meditation

Lisa Fagerstrom

In Words

“For All Our Losses”

Patricia Sheldon

In Silence

In Music

Improvisation

Trevor Berens

Accompanist

Exploring

Reflections

“Placing Stones”

Rev. Dr. Cynthia L. Landrum

Sharing Our Gifts



This month we share our offering with **United Native American Cultural Center**. You may donate by cash, check, online at uucav.org/donate, or text (978) 310-3309.

Anthem

"In My Life"
Lennon/McCartney

UUCAV Choir
Chris Hossfeld,
Music Director

In Memoriam

*Sharing the Names of Those
Who Have Died This Year*

Returning

* Hymn #1051

"We Are"

Singing the Journey

* Benediction

Rev Dr. Cynthia Landrum

* Chalice Extinguishing Song

Announcements

Recessional Postlude

Webb Tilney, Bagpipes

*Following the service you are invited to bring rocks of remembrance
and proceed to the memorial garden for a brief service.*

In the Memorial Garden

* Reading

"This Sacred Thread"
Heather K. Janules

* Placing of Rocks

*You are invited to place your rocks
in the bed as we sing "Amazing Grace."*

** Please rise in body or in spirit*

*** Hymn**

“Amazing Grace”

Singing the Living Tradition

- 1 Amazing grace!
how sweet the sound,
that saved a wretch like me!
I once was lost
but now am found,
was blind but now I see.
- 2 'Twas grace that taught
my heart to fear,
and grace my fears relieved;
how precious did
that grace appear
the hour I first believed!

- 3 Through many dangers,
toils, and snares,
I have already come;
'tis grace that brought
me safe thus far,
and grace will lead me home.
- 4 When we've been there
ten thousand years,
bright shining as the sun,
we've no less days
to sing God's praise
than when we'd first begun.

*** Benediction**

By Leia Durland-Jones

* * *

Thank you to:

Zoom Host

Carolyn Zettler, Kate Cremens-Basbas, Ushers
Mark Koenig, Troy Liston, Josh Ledwell, Coffee Hosts
Our staff and leadership

To our visitors...Thank you for coming! ♥

Here's how to keep connecting with our people and programs:

- Fill out a VISITOR CARD in your pew or online
- Check out OUR WEBSITE, www.uucav.org - There is so much happening! Our homepage and the “Church Life” tab detail our events and programs.
- Subscribe to our E-NEWSLETTERS & EMAIL GROUPS



VISITOR CARD



SUBSCRIBE TO
NEWSLETTERS

≧ Announcements ≦

Congregational Potluck Thanksgiving Thu 11/26 at noon, *Vestry*

Contact Ellen Anthony with your willingness to help set up or clean up, what you'd like to bring, other details: ellenanthony@gmail.com This is not a public event.

November Plate Share: United Native American Cultural Center

The UNACC's mission is committed to supporting and promoting Native American cultural heritage. Through educational programs, community events, and cultural workshops, we strive to foster understanding and appreciation of the diverse traditions and histories of Native American peoples. You can support us by participating in our events, volunteering, or donating to help further our mission. We offer a variety of resources including literature, workshops, and online materials to help everyone learn about our heritage. www.unacc.org
- UUCAV Liaison Aimeé Ledwell



≧ This Week at UUCAV ≦

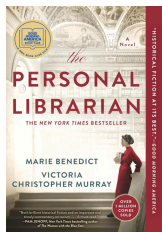
SUN 1	MON 2	TUE 3	WED 4	THU 5	FRI 6	SAT 7
<ul style="list-style-type: none"> • <u>10am</u> Service: Covenant with Our Ancestors: All Souls and Samhain" Sanctuary/ Online • <u>5pm</u> Service: Vigil for Democracy Sanctuary 	<ul style="list-style-type: none"> • <u>7-8:30pm</u> Buddhist Book & Meditation Group (SGCC) Online 	ELECTION DAY <ul style="list-style-type: none"> • <u>10-11am</u> Coffee & Chat Gazebo (Vestry in rain) • <u>1:30-2:30pm</u> Chair Yoga (SGCC) Community Rm. • <u>5-6pm</u> Peace Vigil Outside • <u>7-8pm</u> Book Group Online • <u>7-9pm</u> Open Creativity Studio (SGCC) Vestry 	<ul style="list-style-type: none"> • <u>6:40-8:45pm</u> Reading & Meditation Hall/Online 	<ul style="list-style-type: none"> • <u>7-9pm</u> Writers' Group Parlor • <u>7:15-9:30pm</u> Choir Rehearsal Fellowship Hall & Sanctuary 	<ul style="list-style-type: none"> • <u>1-3:30pm</u> Bridge Group Community Rm. • <u>7-9pm</u> Game Night Community Rm. 	<ul style="list-style-type: none"> • <u>9:30-10:30am</u> Buddhist Book & Meditation Group (SGCC) Online • <u>7-9pm</u> Open Mic Night and Community Art Show Hall

* **The Spiritual Growth and Community Center (SGCC)** was founded at the Unitarian Church of Marlboro and Hudson in 2008; it is now the "outreach program arm" of UUCAV, providing the Assabet Valley region with participatory spiritual practices to awaken curiosity, joy, and personal growth. Program descriptions at <https://uucav.org/sgcc>.



SGCC PROGRAM
DESCRIPTIONS

Chair Yoga with Hannah (SGCC) Tue, 11/3, 1:30-2:30pm - *Community Room*
(beginner-friendly) Experience all the benefits of yoga in this supported chair class, even if you struggle to get on and off the floor or are dealing with injury, pain, or illness that limits movement and range of motion. Chanting and meditation will be offered at the end of class. Please register in advance so we can set up the room for the right number of participants: <https://uucav.breezechms.com/form/yogawaiver>



UUCAV Book Group Tue, 11/3, 7-8pm - *Online* -
The Personal Librarian by Marie Benedict and Victoria Christopher Murray.
“A remarkable novel about J. P. Morgan’s personal librarian, Belle da Costa Greene, the Black American woman who was forced to hide her true identity and pass as white in order to leave a lasting legacy that enriched our nation.” [amazon.com] Email Sharon Brownfield for the Zoom link: sharonbrownfield@gmail.com

Open Creativity Studio (SGCC) Tue, 11/3, 7-9pm - *Vestry* - Bring your own project in progress or start something new! Give yourself the gift of dedicated time to work on your project in the company of fellow creatives. Suitable for adults and mature teens.
<https://uucav.org/sgcc-programs#creativity>

Game Night - Fri, 11/6, 7-9pm - *Community Room*
Led by Chip Beauvais. All are welcome. Feel free to bring a tabletop game or join in and play one of ours!

Open Mic Night Sat, 11/7, 7-8:30pm, *Fellowship Hall*
Hosted by The Arts Committee. We have a pretty full roster and you can expect really neat stories and songs from your fellow UUCAVers. This is an evening where we entertain each other: no competition, just us folks having a good time together. We would love to have a supportive audience, too; this is always heart-warming for our entertainers! Invite your friends to come, and families are absolutely welcome. If you'd like to bring snacks to share, that would be lovely. We will supply beverages, likely apple cider and decaf coffee/tea.

Next Sunday's Service 11/8, 10am “**Covenant: Imagining and Building**”
- **Rev. Dr. Cynthia L. Landrum** - In forming this merged and woven-together community, we acknowledged that we bring different covenants and histories. Now it's time to begin the process of defining who we are and imagining who we will be as we discuss covenant.

≧ Upcoming at UUCAV ≦

New Revival Coffeehouse Presents: Bluegrass from *Gentlemen's Gambit*

Sat, 11/14, 7:30pm, Fellowship Hall



Gentlemen's Gambit is a Boston bluegrass supergroup composed entirely of current students at the Berklee College of Music. The group plays both original and traditional music and draws heavy influence and material from groups like Alison Krauss & Union Station, The Lonesome River Band, The Bluegrass Album Band, and The Punch Brothers.

Tickets are \$20 in advance and \$25 on the day of the concert, and advance price

tickets can be purchased at [Eventbrite.com](https://www.eventbrite.com). Coffee, tea and sweets will be available for purchase. Doors open at 7:00. For more information about the band, visit <https://tinyurl.com/GentlemensGambit>



TICKETS:
GENTLEMEN'S GAMBIT

Annual Holiday Gift Drive

Once again, UUCAV will be collecting holiday gifts for guests of two domestic violence shelters in our region - Voices Against Violence and Renewal House. With high costs and cuts to government programs, the needs will be great this year. Can you help make this holiday season just a bit better for those struggling to make new lives for themselves and their families?

As usual, we will be supplied with lists of the wants, wishes and needs from the women, men, and children who use these shelters.

Sunday, November 8th - Lists on SignUpGenius with all the information you will need to participate in this very heartwarming and gratifying experience will be available at uucav.org for four weeks.

Friday, December 4th, 3-6 pm, or Saturday, December 5th, 10:00-1:00 - All gifts need to be returned to the UUCAV Atrium.



Our community continues to fulfill the dreams of the shelter guests year after year and help create a wonderful Christmas morning for all the Shelter participants. We look forward to once again helping those less fortunate experience a wonderful holiday. Thank you for your generosity! - Your Holiday Elves gift-drive@uucav.org